

# The Chimes of Trinity Cathedral



Vol. MMIX, No. 1

January, 2009

Omaha, Nebraska



## 152nd ANNUAL MEETING

### Sunday, January 25, 2009

The Annual Meeting of Trinity Cathedral will be held on Sunday, January 25, immediately following the 10:00 a.m. Eucharist. Note there will be ONE service that day at 10:00 a.m. This follows the tradition of the last few years and is a continuing attempt to make it more convenient for both the 8:30 and the 10:30 congregations to come together at one time to participate in the Annual Meeting. After the service, we will gather in Gardner Hall for a brunch served by members of the Cathedral Chapter. Following the brunch a variety of reports will be given and encouragement offered for

2009. Reports for the meeting booklet are due in the office by Tuesday, Jan. 20 in copy ready form.

Annual Meetings have various traditions and customs from parish to parish. Our tradition is to come together as a time of celebration and thankfulness for the good work accomplished by so many members of the congregation in the past year and to support one another as we look at the challenges and opportunities for the coming year. Hope to see you all on January 25!

**JAN. 25TH**  
ONE SERVICE AT 10 A.M.  
BRUNCH & MEETING  
FOLLOW

### From Dean Hurley

#### Advent Hope

What a wonderful way to begin the season of Advent! While Advent is a time of preparation and expectation, it is also a hectic time as we go about the tasks of shopping and decorating and cooking. Trinity Cathedral celebrated the beginning of Advent in a very special way that I hope was a reminder of the true simplicity and innocence of the season. The very first sacramental act of the Cathedral was Baptism. On that Sunday we celebrated the Baptism of Fischer Maxwell Courtney and Charlie Elizabeth Stock (grandchildren of Dr. Terry and Kathy Johnson). Just think about that for a moment. Before any of the grand way of celebrating the rites and ceremonies of the church that are a part of our

Continued on Page 3

### From Dean Medina

#### Do you remember?

Do you remember the first time you recognized that Jesus was the Christ? For me it was during a visit to my Godmother's home, sleeping on the living room floor and dreaming that I was at the communion rail and that Jesus was giving me the bread and the wine. I knew I was kneeling before the Christ.

The Church provides us with the biblical memory of our recognition of the "first time." We are familiar with the Christmas saga, but the early church focused primarily on the Epiphany manifestations of Jesus as Christ. January 6<sup>th</sup> (otherwise known as twelfth night), was when the church would gather to celebrate the great light of Epiphany – the light of the manifestation of the Christ.

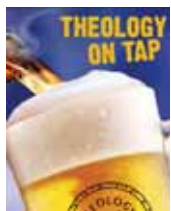
Continued on Page 5



### Healthy in a Hurry

Simple habits can add up to better health. Here are some everyday ways to improve your health in just 15 minutes or less.

- ◆ Practice 3-5 minutes of deep breathing twice a day to ease tension and lower blood pressure—close your eyes, breathe, and feel the flow of energizing oxygen.
- ◆ Brush your teeth for 2 minutes twice a day, and floss each night. This reduces gum inflammation, which raises the risk for heart trouble and other diseases.
- ◆ Blender energy blast: Whip fresh or frozen fruit with calcium-fortified nonfat soymilk and protein powder.
- ◆ Avoid rushing. Long commute ahead? Leave 10 minutes earlier.
- ◆ Walk a brisk 3-quarter mile in less than 15 minutes. That pace may help you live longer, according to studies.
- ◆ Track your calories in a journal if you are watching your weight.
- ◆ Add a wedge of red cabbage to your lunch and a slice of melon to your dinner plate.
- ◆ Open doors and windows for 10 minutes every day, even on cold days, to create cross ventilation and freshen indoor air.



### Theology on Tap (ToT)

ToT is a young adult group (age range from the 20's to the 40's) which gathers monthly to share in food, drink, fellowship and thought provoking conversation.

#### Next Meetings:

**Sat., January 10, 2009**

Theology of Cathedral Architecture  
Trinity Cathedral

**Sat. February 7, 2009**

Tri-Faith Initiative Panel Discussion  
Brazen Head, 78th & Cass

## PARISH RECORDS



*Jacquelyn Bowden &  
David Liebenritt*

*Amanda Stika &  
Herschel Talley*

### THANKS, TRINITY

The beginning of a new year is a good time to take stock and reflect. Since November, you the people of Trinity Cathedral have helped several people in the Omaha area. We collected some beautiful yarn and lots of knitting needles to send to the Sudan. Many of you donated Christmas gifts for Together, Inc. through our Angel Tree project. You also provided diapers, blankets, clothes and toys for the Teen Parent program that we are helping to start with Omaha South High and St. Martin of Tours.



Throughout the year you have shown your generosity and spirit by carrying out God's call to us to serve and assist those who need help. You donated blood to the Red Cross and money to Hurricane Katrina and Iowa flood victims; you helped rehabilitate a house for Habitat for Humanity, and you donated to the Fricke Food Pantry. You have prayed for the health and welfare of others and taken care of each other as only members of the body of Christ can do. Thank you for manifesting God's grace in the world.

#### The CHIMES of Trinity Cathedral

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### FEBRUARY CHIMES DEADLINE

**JANUARY 15**

Please email articles, congratulations and photos to [lwgardels@aol.com](mailto:lwgardels@aol.com)

## From Dean Medina

Continued from Page 1

Three readings would be offered:

From Matthew's Gospel the church would hear the story of the Visit of the Wise Men. Royalty come from the East declaring the royalty of the child.

From Mark's Gospel the church would hear of the Baptism of Jesus in the Jordan River. "And a voice came from heaven, 'You are my Son, the Beloved; with you I am well pleased.'" (This is also to be found in the Gospel of Luke.)

From John's Gospel the church would hear the story of the Wedding at Cana. Here Jesus shows his authority over creation by changing water into wine.

Each of these stories is the first time in each of the Gospels that Jesus is named as the Christ or the "anointed one." It is from this point that the story of the ministry of Jesus, leading to the death and resurrection, will occur.

Our official lectionary has remnants of this older tradition. The feast of the Epiphany will always have the visit of the Three Wise Men. The Sunday after the Epiphany will always be the Baptism of Jesus. Every third year we will hear the story of the Wedding at Cana on the Second Sunday of Epiphany.

So while a little liturgical history lesson is good from time to time, the point I am trying to make is that it might be helpful to take a few moments and remember when there might have been a glimpse of clarity about Jesus in your life. It provides a good marker, or reality check for one's life. And if, in being honest in your reflection, you figure out that you haven't had that moment of clarity, then that is fine. The Bible will show that most of the disciples didn't get it until after the death of Jesus – and these were people that actually sat at his feet.

It is about the journey and the questions that come on the journey.

The prophet Isaiah proclaimed, "Out of the darkness, the people have seen a great light." We pass through the darkness of winter, awaiting the birth that comes in spring. The Epiphany reminds us of the true light which has dared to enter our souls.

*Please read the Collect for the Second Sunday of Epiphany, p. 215, Book of Common Prayer.*



The **St. Mary's Guild Annual Christmas Dinner** at the **Field Club** of Omaha on **December 5<sup>th</sup>** was filled with fellowship, entertainment, food and fun.



← Ringleader Sheryl MacBean starts the auction of the desperado photos—who are these ↑ guys?



↑ Judy & Mike Metz, Marjorie & Jimmie Matzen, Bernie Oltman



↑ Helen & George Barger

### St. Mary's Guild Annual Christmas Dinner

Photos by  
Tom Jeffery



↑ Bob Culver, Entertainment director Kay Clark, Bernie Clark, Neil Rheiner

**TRINITY EPISCOPAL CATHEDRAL**

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The Rt. Rev. Joe. G. Burnett, Bishop.....341-5373  
TVR Thomas J. Hurley, Dean & Rector.....871-6749  
TVR Ernesto R. Medina, Dean for Urban Mission...541.9454  
Rev. Dr. Bradford E. Ableson.....Priest in Residence  
Rev. Deacon Ellen M. Ross.....Pastoral Care  
Rev. Deacon Kim Roberts.....Health Ministry  
Marty Wheeler Burnett.....Director of Music  
Christine Misk-Sinclair.....Director of Religious Education  
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Ellen Ross.....Clerk  
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Andy Beemer Kathy Ocander  
Linda Gardels Carol Schrader  
Sheryl Mac Bean Daniel Smith  
Mike Metz Bill Sutton  
Sarah Watson

**SUNDAY SERVICES**

Holy Eucharist and Homily.....8:30 a.m.  
Choral Holy Eucharist and Sermon.....10:30 a.m.

Nursery available at both services.

**WEEKDAY SERVICES**

Holy Eucharist (Nativity Chapel) Tuesdays at 12:10 p.m.



**EPIPHANY Program**

The Youth Choir at Trinity will present an Epiphany Program on **Sunday January 4<sup>th</sup>**. Following the 10:30 Church service the program of music and scripture will begin.

Come hear Cherubs (ages 3-5); Beginners (ages 6-7); Intermediates (singers who read) and Advanced (singers who read music) as they sing and play barred instruments (xylophones, metallophones and glockenspiels). They will play Charpentier's "Sanctus" and sing "The King Shall Come", "Of the Father's Love Begotten", "Infant Holy", "Loving Little Angels" and "Noel, Noel". They are excited to sing for you.

We have learned a lot about Advent, Christmas and music, too. Let us share it with you.

The "hot" chili potluck cook-off will follow in Gardner Hall.



**PLEASE MARK YOUR CALENDARS!**

**Tri-Faith Initiative**

**An Interfaith Program on Peace**  
**Friday, March 27, 2009**

Qwest Center

Featuring:

The Most Reverend Katherine Jefferts Schori,  
Presiding Bishop of the Episcopal Church

Dr. Ingrid Mattson  
President of the Islamic Society of North America

Rabbi Peter Knobel  
President of the Central Conference of American Rabbis

**Seasons of Health Ministry Conference**

Sponsored by the National Episcopal Health Ministry  
April 16-18, 2009 Trinity Cathedral Omaha, Nebraska

**Keynote Address by Bp. Mark MacDonald**

National Indigenous Bishop – Canada & Bishop of Navajoland

For more information: [www.EpiscopalHealthMinistries.org](http://www.EpiscopalHealthMinistries.org)

Or contact Deacon Kim Roberts at 402-551-1604 or

[bkeroberts@msn.com](mailto:bkeroberts@msn.com)

## From Dean Hurley

Continued from Page 1

identity, we gathered at the 8:30 Eucharist and in a quiet but meaningful way welcomed these two children into the fellowship of Christ's Holy Church. What went through my mind was that we were preparing the Cathedral for everything else that shall come our way this year. We prepared the Cathedral for all of the Eucharists, all of the weddings and funerals, all of the healings, all of the sermons and all of the music that will fill our sacred and holy place of worship. We prepared with the youth and innocence of the baptism of two children. We prepared with a clean slate on which will be written all of the joy and sorrow, success and failure, sin and holiness of the new year.

Our Christmas celebration centers on the birth of a child. That child is Jesus, born in a stable, placed in a manger, adored by the angels. On that clean slate is written "the hopes and fears of all the years." Who would have thought that the child of Mary would be the one who in the end would "bear our grief and carry our sorrows" to the Cross and lay it all at the Throne of Grace to be redeemed for new life offered to all who would receive it? We never know what the future will hold for any of us. What we do know is that "God so loved the world, that he gave his only begotten Son, that all that believe in him shall not perish but shall have everlasting life."

So we begin. We begin with baptism. We begin with innocence. We begin with new life. We begin with renewed faith. We begin with a resolve to carry this newborn Christ in our hearts. We begin the journey once again to the Cross and Resurrection.

May Almighty God bless you and yours this holy season with his love and promise.

The Very Rev'd Thomas J. Hurley  
Dean and Rector

## MUSIC DEPARTMENT NEWS



The Cathedral Choir welcomes new members at this time. **Wednesday rehearsals resume on Jan. 21** at 7:00 p.m. In the months ahead, the choir will be presenting **Choral Evening on March 1**, music for Holy Week and Easter, and a Hymn Festival featuring works of Nebraska hymn poet, Rae Whitney. For more information, please contact Marty Wheeler Burnett, Director of Music, at [mburnett@trinityepiscopal.org](mailto:mburnett@trinityepiscopal.org) or 402-342-7010 extension 117.

On **Sunday, January 18**, we will celebrate the beginning of The Week of Prayer for Christian Unity by welcoming the Chamber Singers from the Presbyterian Church of the Cross under the direction of Dana Sloan. This outstanding guest choir will sing several anthems at the 10:30 Eucharist that day, including the *Te Deum* by Benjamin Britten, and will join our Cathedral Choir and congregation on hymns and service music.

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## CRÊCHES AT THE MUSEUM

Many thanks to all exhibitors and organizers for the lovely display of nativity scenes shown in our Museum in December. Visitors enjoyed it very much.



# January 2009

## Trinity Cathedral

### Sunday Morning Schedule

8:30 A.M. Holy Eucharist  
 9:30 A.M. Adult Forum  
 9:30 A.M. Choir Rehearsal  
 9:30 A.M. Godly Play  
 9:30 A.M. Jr. and Sr. High  
 9:30 A.M. Lectionary Group  
 10:30 A.M. Choral Eucharist  
 11:30 A.M. EYC

Please note: Annual Meeting on Sunday, January 25, 2009. One service only at 10:00 A.M.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																																																																																											
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<b>4</b> 11:30 AM Youth Choir Epiphany Program 12:00 PM Potluck Chili Feed No Church School or EYC <i>The Second Sunday After Christmas Day</i>	<b>5</b> 12:10 PM Noon Prayers <i>Vigil</i>	<b>6</b> 10:00 AM Staff Meeting 12:10 PM Eucharist <i>The Epiphany</i>	<b>7</b> 7:30 PM Bible Study <i>Of the Octave</i>	<b>8</b> <i>Of the Octave</i>	<b>9</b> Annual Meeting reports due <i>Julia Chester Emery</i>	<b>10</b> 7:00 PM TOT - Cathedral tour <i>William Laud</i>																																																																																											
<b>11</b> <i>The First Sunday After the Epiphany: The Baptism of Our Lord</i>	<b>12</b> <i>Aelred</i>	<b>13</b> 10:00 AM Staff Meeting 12:10 PM Eucharist <i>Hilary</i>	<b>14</b>	<b>15</b>	<b>16</b> <i>Feria</i>	<b>17</b> <i>Antony</i>																																																																																											
<b>18</b> 9:30 AM Stephen Ministry <i>The Second Sunday After the Epiphany</i>	<b>19</b> <i>Martin Luther King, Jr. Day</i> <i>The Confession of St Peter</i>	<b>20</b> <i>Fabian Inauguration Day</i>	<b>21</b> 10:30 AM Masonic Manor 7:00 PM Choir Rehearsal <i>Agnes</i>	<b>22</b> 7:00 PM St. Mary's Guild <i>Vincent</i>	<b>23</b> <i>Phillips Brooks</i>	<b>24</b>																																																																																											
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<b>25</b> 10:00 AM Choral Eucharist <i>Annual Meeting</i> <i>The Third Sunday After the Epiphany</i>	<b>26</b> <i>The Conversion of St. Paul</i>	<b>27</b> 10:00 AM Staff Meeting 12:10 PM Eucharist <i>John Chrysostom</i>	<b>28</b> 7:00 PM Choir Rehearsal <i>Thomas Aquinas</i>	<b>29</b> <i>Feria</i>	<b>30</b> 10:00 AM Historical Society	<b>31</b> <i>BVM on Saturday</i>																																																																																											

Know your Episcopal calendar: A feria (Latin for "free day") is a day on which no saint is celebrated.